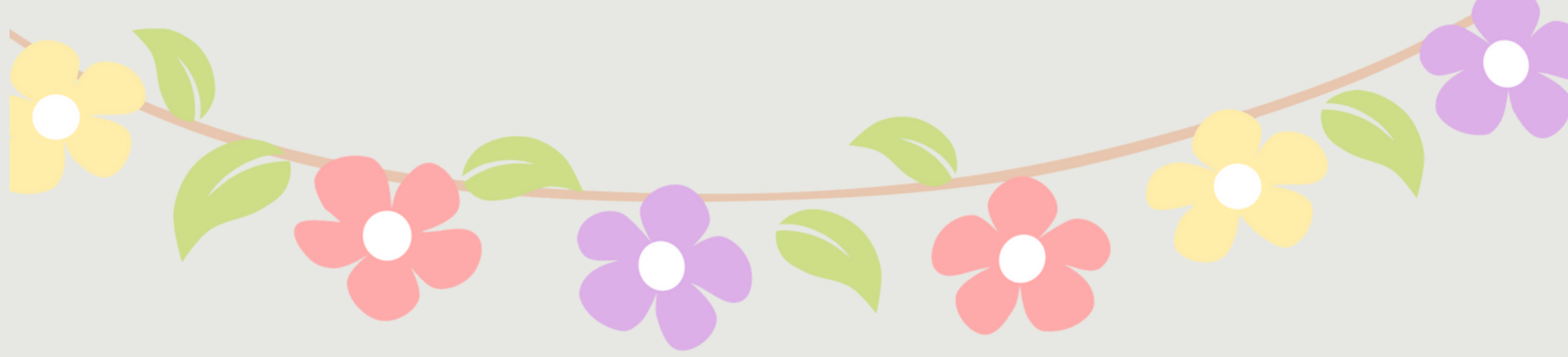


# March Journal Prompts

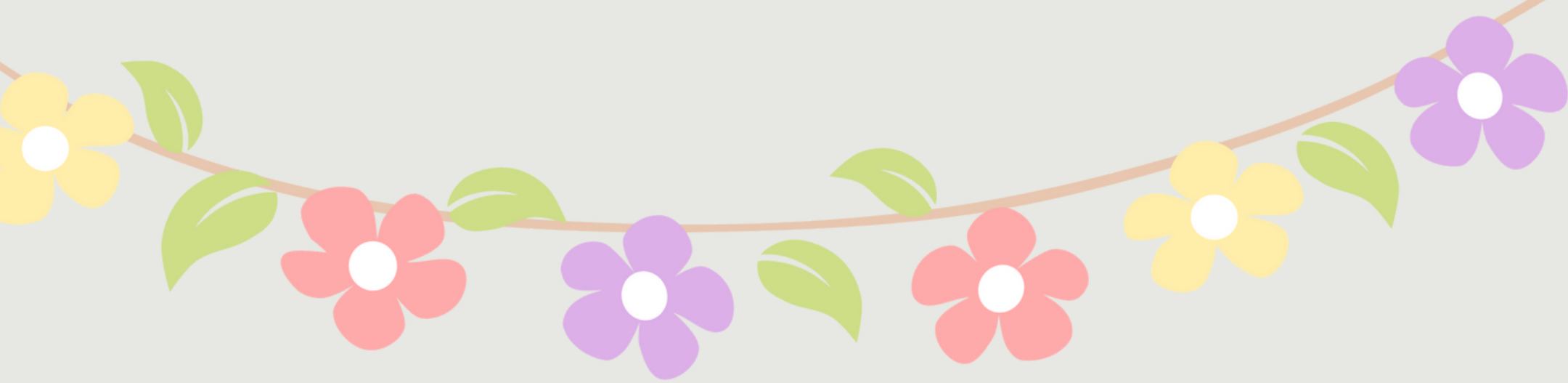
With Spring just around the corner, let's look forward to new beginnings, renewed energy, focus and growth.





Part of being in the moment, and letting go of anxiety is focusing on something else.





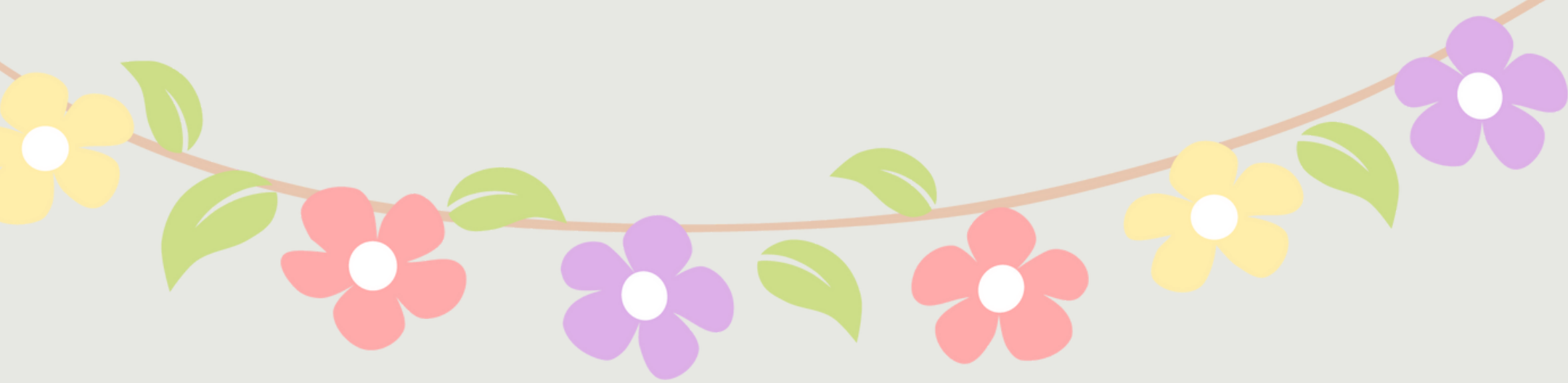
Being in the moment,  
takes time and energy.





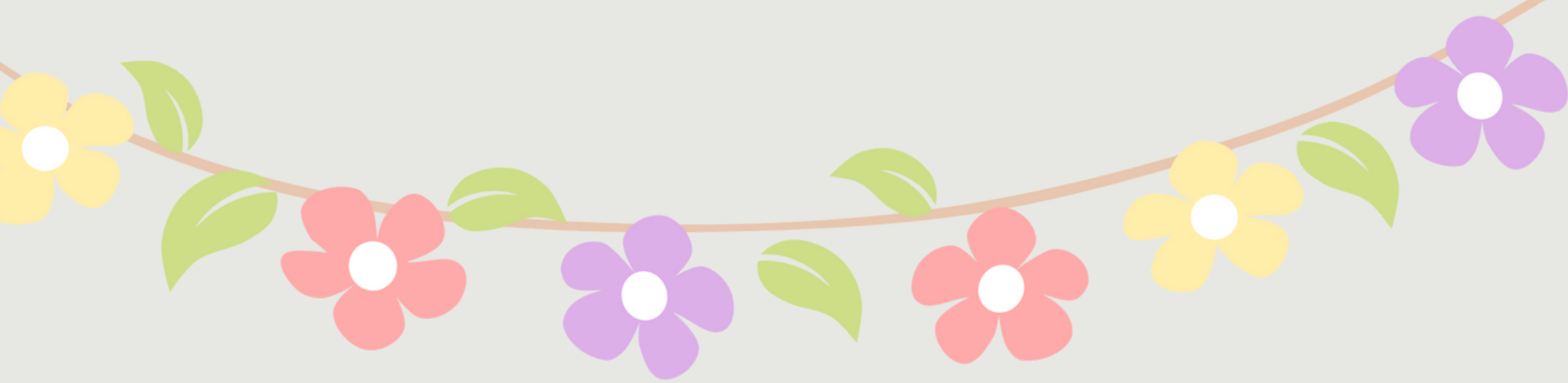
Take a moment to  
think of your favorite  
flower.





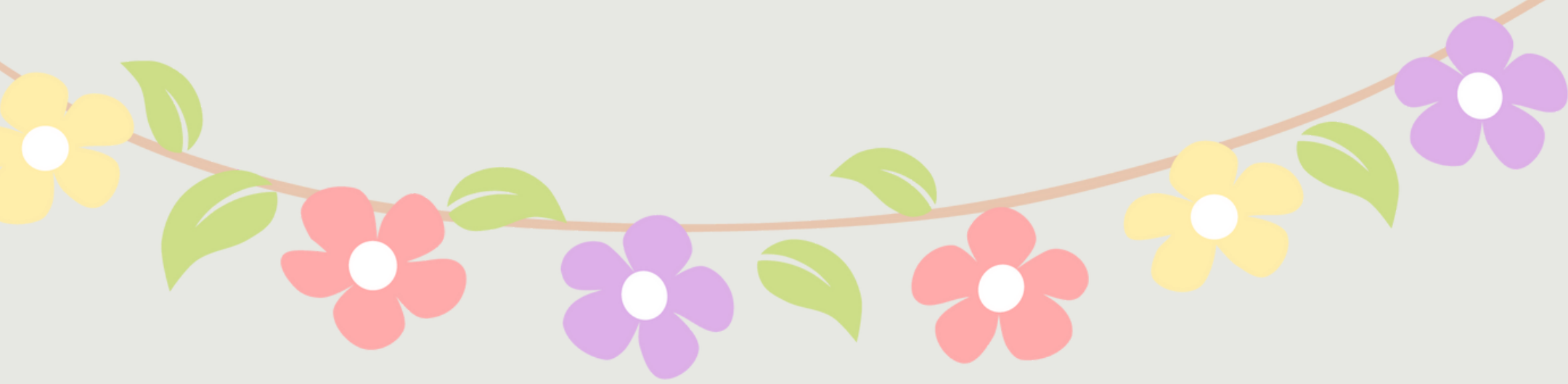
*Describe in detail what you love about that flower.*





*Describe the texture,  
color, smell,  
and size.*





Try to use different words, besides good, big, small or other basic words.





*Free downloads at:*

*doublejflowerranch.com*

