

# FEBRUARY WEEK 4 JOURNAL PROMPT

Who needs YOUR  
forgiveness?



# FEBRUARY WEEK 4 JOURNAL PROMPT

What gets in the way  
of you forgiving this  
person?



# FEBRUARY WEEK 4 JOURNAL PROMPT

How has this lack of  
forgiveness  
impacted your life?



# WAYS TO FORGIVE PEOPLE

Think of some positive traits this person has.



# WAYS TO FORGIVE PEOPLE

Think about the

motives this person had

when they made this

mistake



PLEASE REMEMBER

Forgiveness is a  
journey....  
not a destination!



PLEASE REMEMBER

Celebrate each  
step  
forward

